

Quiet/Behold

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creating spaces for stillness; silencing life's constant distractions to focus on my Father and enjoy his love

Be Still & Believe

“Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!” The LORD of hosts is with us; the God of Jacob is our fortress. [Selah] (Psalm 46:10-11 ESV)

Gentle Whisper (1 Kings 19)

Jesus' Holy Spirit invites us to quiet our hearts and behold our Abba Father's glory and majesty. Elijah the prophet fell into despair, and he wanted to die. Elijah prayed, asking the LORD to take his life. God sent an angel to minister to him and provide special strength for a long journey. Then, God met with Elijah on a mountain. Elijah's life had been chaotic and violent. Now, this embattled leader met with his Creator alone in the wilderness. While Elijah was resting, God displayed marvelous wonders in his presence: storms, earthquakes, and blazing fire. Elijah witnessed God's powerful majesty; then, they discussed Elijah's future after all was still and quiet.

Discipleship & Prayer

- What distracts me from seeking my Lord in the quiet?
- Why is it so challenging to be still in God's presence?
- What's my next step to secure quiet spaces in my week? Holy Spirit, help me behold my Father's glory.